

1st Balkan Perinatology Meeting

SATURDAY
31.05.2025

SUNDAY
01.06.2025

📍 **REA MATERNITY HOSPITAL**
7TH FLOOR
ATHENS | GREECE

PROGRAMME



Accredited with CPD credits

↓
**Ultrasound
Hands-On Training**

O R G A N I Z E D B Y



Hellenic
Society of
Perinatal
Medicine



1ST DEPARTMENT OF OBSTETRICS & GYNECOLOGY
NATIONAL AND KAPODISTRIAN UNIVERSITY OF ATHENS
ALEXANDRA GENERAL HOSPITAL

WELCOME MESSAGE

Dear Colleagues,

It is with great pleasure and honour that we welcome you to the **1st Balkan Perinatology Meeting**, which will take place on **31st May and 1st June 2025** at **REA Maternity Hospital in Athens, Greece**.

This meeting is the result of a collaborative effort among **REA Maternity Hospital**, the **Hellenic Society of Perinatal Medicine (HSPM)**, and the **1st Department of Obstetrics and Gynecology of the National and Kapodistrian University of Athens (NKUA)**. It aims to promote scientific advancement and foster interdisciplinary collaboration in the field of perinatal care.

The **1st Balkan Perinatology Meeting** aspires to become a regional reference point for Perinatal Medicine in **Southeastern Europe**, bringing together distinguished speakers from **Greece and the Balkan Region**. The scientific sessions will span a broad range of topics, including recent developments in neonatology, obstetrics and gynecology the management of high-risk pregnancies, fetal medicine and ultrasound monitoring, as well as maternal and perinatal care.

Special emphasis is placed on practical training through the **Ultrasound Hands-On Training Session**, offering participants the opportunity to enhance their clinical skills under the guidance of experienced instructors.

Participation in the meeting is **free of charge** and attendees will receive **Continuing Professional Development (CPD) Credits**, along with a **Certificate of Attendance**.

We warmly invite you to actively participate in this important scientific event, contributing, through your presence and expertise, to the advancement of perinatal care in our region.

Warm regards

Kiriakos Mitsakos - Barbayiannis

Chairman of BoD
REA Maternity Hospital

Antonia Charitou

President of HSPM
Coordinator Director of Neonatal Department & NICU
REA Maternity Hospital

Prof. George Daskalakis

Professor of Obstetrics and Gynecology
Vice President of HSPM
Head of the 1st Department of Obstetrics and Gynecology
National and Kapodistrian University of Athens

ORGANIZING COMMITTEE

Mitsakos - Barbayiannis Kiriakos
Kourakou Eugenia
Daskalakis George
Charitou Antonia
Chasiotis Orestis

SCIENTIFIC COMMITTEE

Apostolakopoulos Panagiotis
Charitou Antonia
Creatsas George
Daskalakis George
Tzeferakos D. Alexandros
Vlachos Georgios

Saturday 31/05/2025

08:00 - 09:00 REGISTRATIONS

SESSION 1

Chairs	A. Charitou, G. Creatsas, G. Daskalakis
09:00 - 09:10	Welcome addresses
09:10 - 09:30	Autism and attention deficit disorders (ADHD) in preterm infants E. Tsekoura
09:30 - 09:50	Prediction and prevention of preeclampsia A. S. Ozgu - Erdinc
09:50 - 10:10	Breaking bad news in obstetrics M. Theodora
10:10 - 10:30	Low dose low molecular weight heparine and low dose salycilic acid prophylaxis to prevent placental inflammation related obstetric complications S. Beksac
10:30 - 10:50	Preterm labor, mode of delivery A. Mamopoulos
10:50 - 11:10	Laser photocoagulation treatment of TTTS - 5 year experience in Serbia V. Mandic - Markovic

11:10 - 11:30 COFFEE BREAK

SESSION 2

Chairs	A. Antsaklis, A. Gounaris, A. Tzeferakos
11:30 - 11:50	Management of short cervix in singletons: cerclage, progesterone or pessary? G. Daskalakis
11:50 - 12:10	Infection and preterm delivery O. Gliozheni
12:10 - 12:30	Prospective study of uterine and vaginal packing with chitosan (Celox PPH) in Romania E. Vaso

Saturday 31/05/2025

12:30 - 12:50 **Intrafetal intravascular transfusion in the treatment of fetal anemia - one center 30 years experience**
V. Mandic - Markovic

12:50 - 13:10 **Stem cell therapy in neonatal diseases**
M. Cetinkaya

13:10 - 13:30 **Intrauterine treatment in M/C twins complications. A single center experience in Greece**
M. Simou

13:30 - 13:50 **Induction of labor: When and how?**
U. Y. Sert Dinc

13:50 - 14:30 **LUNCH**

14:30 - 16:30 **Ultrasound Hands - On Training**

P. Antsaklis, M. Theodora, P. Fotinopoulos,
V. Maritsa, S. Dimopoulou, M. Lolos

SESSION 3

Chairs V. Maritsa, K. Stefanidis, G. Vlachos

16:30 - 16:50 **Congenital chylothorax and its treatment with octreotide, our experience in this topic**
A. H. Qosja

16:50 - 17:10 **Vaginal microbiome and pregnancy outcome**
E. Gliozheni

17:10 - 17:30 **Birth Centers**
C. Gourounti

17:30 - 17:50 **Early onset IUGR: How to follow-up and when to deliver?**
A. Koc

17:50 - 18:10 **Update on neonatal sepsis**
T. Zaoutis

18:10 - 18:30 **Maternal sepsis**
A. Gerente

18:30 - 18:50 **HPV and cervical cancer in pregnancy**
K. Pappa

18:50 - 19:10 **Diagnosis of critical congenital cardiac diseases in the early perinatal period**
A. Petropoulos

Sunday 01/06/2025

SESSION 4

Chairs	F. Anatolitou, E. Cheirakis, G. Farmakidis
09:15 - 09:35	Early pregnancy scan P. Fotinopoulos
09:35 - 09:55	Management of ovarian tumors in pregnancy K. Angelou
09:55 - 10:15	The need for vitamin supplementation during pregnancy P. Antsaklis
10:15 - 10:35	Cervical cerclage in pregnancy D. Mazis - Kourakos
10:35 - 10:55	Breast Ca and pregnancy A. Tsigginou
10:55 - 11:15	Time of delivery in M/C twins M. Eleftheriadis
11:15 - 11:30	COFFEE BREAK

SESSION 5

Chairs	E. Apostolopoulou, A. Pampanos, D. Vlachos
11:30 - 11:50	Novel techniques in the management of placenta accreta P. Koutroumanis
11:50 - 12:10	Adopting enhanced recovery after surgery principles for cesarean delivery N. Thomakos
12:10 - 12:30	Cesarean scar pregnancy A. Domali
12:30 - 12:50	Immunization in pregnancy A. Psarris
12:50 - 13:10	NIPT in current practice M. Lolos
13:10 - 13:30	Urological disorders after birth D. Zaharakis

FACULTY LIST

ANATOLITOU FANI, MD, PhD, Pediatrician - Neonatologist, f. Coordinator Director of A' Neonatal Intensive Care Unit "Aghia Sofia" Children's Hospital, Member of BoD HSPM, Vice President of Institute of Child Health, Coordinator Director of Well-Baby Nursery Pediatricians REA Maternity Hospital, Athens, Greece

ANGELOY KYVELI, Obstetrician Gynecologist, Scientific Associate, 1st Department of Obstetrics and Gynecology, Alexandra Hospital, National and Kapodistrian University of Athens, Athens, Greece

ANTSAKLIS ARIS, Professor of Obstetrics & Gynecology, National and Kapodistrian University of Athens, President of Hellenic Society of Prenatal Diagnosis & Fetal Treatment, President of Hellenic Society of Ultrasound in Medicine & Biology, Head of Division of Fetal Medicine "IASO" Hospital, Athens, Greece

ANTSAKLIS PANAGIOTIS, Assistant Professor, 1st Department of Obstetrics and Gynecology, Alexandra Hospital, National and Kapodistrian University of Athens, Athens, Greece

APOSTOLOPOULOU EVANGELIA, Director of Nursing Services, REA Maternity Hospital, Athens, Greece

BEKSAC M. SINAN, Professor, Department of Obstetrics and Gynecology, Liv Ankara Hospital, İstinye University

CETINKAYA MERIH, MD, PhD, Professor of Pediatrics and Neonatology, Health Sciences University, Basaksehir Cam and Sakura City Hospital, Dept. of Neonatology, Istanbul, Turkey

CHARITOU ANTONIA, Pediatrician - Neonatologist - Intensivist, Founder & Coordinator Director of Neonatal Department & NICU, REA Maternity Hospital, Member of Scientific Committee of REA Maternity Hospital, President of Hellenic Society of Perinatal Medicine (HSPM), Executive Board Member of Union of European Neonatal & Perinatal Society (UENPS)

CHEIRAKIS EMMANOUIL, Member of the Scientific Committee, Member of BoD, REA Maternity Hospital, Obstetrician Gynecologist

CREATSAS GEORGE, President of the Scientific Committee of REA Maternity Hospital, Em. Professor of Obstetrics and Gynecology, National and Kapodistrian University of Athens, Greece

DASKALAKIS GEORGE, Professor of Obstetrics, Gynecology, National and Kapodistrian University of Athens, Head of the 1st Department of Obstetrics and Gynecology, Alexandra Hospital, Vice President of HSPM, Athens, Greece

DIMOPOULOU STEFANIA, Obstetrician Gynecologist, Fetal Medicine Specialist

DOMALI AIKATERINI, Associate Professor of Obstetrics and Gynecology, National and Kapodistrian University of Athens (NKUA), Greece

ELEFThERIADES MAKARIOS, Diploma in Fetal Medicine (FMF), Professor of Obstetrics and Gynecology - Maternal - Fetal and Perinatal Medicine, 2nd Department of Obstetrics and Gynecology, Aretaieio Hospital, Medical School, National & Kapodistrian University of Athens, Greece. Hon Consultant in Fetal Medicine, Harris Birthright Research Centre for Fetal Medicine, King's College Hospital, London, UK

FARMAKIDES GEORGE, Professor of Obstetrics, Gynecology and Maternal Fetal Medicine, Stony Brook University, New York, USA

FOTINOPOULOS PANAGIOTIS, MD, PhD, Early Pregnancy Unit, 1st Department of Obstetrics & Gynecology, Athens Medical School, Alexandra Hospital

GERENTE ANGELIKI, MD, PhD, Assistant Professor of Obstetrics, Gynecology and Fetal Medicine, Democritus University of Thrace (DUTH), Greece, General Secretary Hellenic Society of Fetal Medicine

GLIOZHENI ELKO, Obstetrician Gynecologist, Tirana, Albania

GLIOZHENI ORION, MD, PhD, Professor, Department of Obstetrics and Gynecology, Faculty of Medicine, University of Medicine of Tirana, University Hospital for Obstetrics and Gynecology "Koço Gliozheni", Tirana, President of the Albanian Association of Perinatal Medicine

GOUNARIS ANTONIOS, Em. Professor of Neonatology, Medical Department, School of Health Science, University of Thessaly

GOUROUNTI CLAIRE, Professor in Midwifery, Head of Midwifery, University of West Attica, MSc Director "Advanced and Evidence based Midwifery Practice", Council member of KEDIVIM

KOC FAIK ACAR, Professor, President of SEESPM (South East European Society of Perinatal Medicine), Vice President of TMFTPD (Maternal fetal Medicine and Perinatology Society of Türkiye)

KOUTROUMANIS PELOPIDAS, MD, MRCOG, Obstetrician - Gynecologist, Senior Consultant National Healthcare System, Alexandra General Hospital, Athens, Greece

LOLOS MARKOS, Obstetrician Gynecologist, Fetal Medicine specialist,
REA Maternity Hospital

MAMOPOULOS APOSTOLOS, Professor of Obstetrics, Gynecology and
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Gynecology, Aristotle University of Thessaloniki (AUTH)

MANDIC-MARKOVIC VESNA, Professor, Head of High-risk Pregnancy
Department, University Clinic for Gynecology and Obstetrics “Narodni front”,
Medical Faculty University of Belgrade

MARITSA VASILIKI-ARETI, Obstetrician - Gynecologist, Fetal Medicine specialist
(FMF Diploma), Ultrasound and Fetal Medicine Department, REA Maternity
Hospital

MAZIS - KOURAKOS DIMITRIS, MD, MSc, PhD(c), Obstetrician Gynecologist,
Gynecologic Oncologist, REA Maternity Hospital

OZGU - ERDINC A. SEVAL, Professor, Dr., University Of Health Sciences, Ankara
Bilkent City Hospital, Perinatology Department, Chief Editor, Gynecology
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PAMPANOS ANDREAS, MD, PhD, Cytopathologist - Laboratory Geneticist,
Head of the Department of Genetics, General Maternity Hospital
“Elena Venizelou - Alexandra”, Athens, Greece

PAPPA KALLIOPI, MD, PhD, Professor of Obstetrics and Gynecology,
First Department of Obstetrics and Gynecology, Alexandra Hospital, National
and Kapodistrian University of Athens, School of Medicine and University Faculty
Affiliate Investigator, Laboratory of Cell and Gene Therapy, Biomedical Research
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PETROPOULOS ANDREAS, MD, Fetal - Pediatric Cardiologist, Secretary of the
Balkan Society of Neonatal and Pediatric Cardiology and Pediatric Surgery

PSARRIS ALEXANDROS, MD, MSc, PhD, Obstetrician – Gynecologist, Scientific
Associate, 1st Department of Obstetrics and Gynecology, National and
Kapodistrian University of Athens

QOSJA ALKETA HOXHA, Prof. Asoc., Head of the Neonatology Department,
UHOG “Koço Gliozheni”, Tirana, Lecturer at the Paediatric Department,
Faculty of Medicine, University of Medicine in Tirana

SERT DINC UMIT YASEMIN, Associate Professor, Department of Obstetrics
and Gynecology, Liv Hospital Ankara

SIMOU MARIA, MD, PhD, Obstetrician Gynecologist, Fetal Medicine specialist (FMF), 1st Department of Ob/Gyn University of Athens - Fetoscopy Unit for laser applications in treating MCDA twins complications

STEFANIDIS KONSTANTINOS, Professor of Obstetrics, Gynecology, Reproductive and Regenerative Medicine, National and Kapodistrian University of Athens (NKUA), Greece

THEODORA MARIANNA, Assistant Professor of Obstetrics Gynecology Maternal Fetal and Perinatal Medicine, 1st Dpt of Obstetrics Gynecology, National and Kapodistrian University of Athens, Greece

THOMAKOS NIKOLAOS, Associate Professor of Obstetrics, Gynecology & Gynecologic Oncology, National and Kapodistrian University of Athens, Athens, Greece

TSEKOURA EFFROSSINE, Dr., MD, MA, PhD, Developmental Paediatrician-Neonatologist, Head of the Paediatric Department and Developmental Paediatrics, Asklepieion General Hospital, Athens, Greece, Board Member of the Hellenic Society of Perinatal Medicine (HSPM)

TSIGGINOU ALEXANDRA, Gynecologist - Breast Surgeon

TZEFERAKOS D. ALEXANDROS, Vice President of BoD, REA Maternity Hospital, Director of IVF REA, Obstetrician Gynecologist

VASO EDVIN, Head of Obstetrics and Gynecology Department, Medias Municipal Hospital, Romania

VLACHOS D. GEORGIOS, Em. Professor of Gynecology Oncology, National and Kapodistrian University of Athens, REA Maternity Hospital, Athens, Greece

VLACHOS G. DIMITRIOS EYTHIMIOS, Obstetrician Gynecologist, Gynecologic Oncologist, Assistant Professor, 1st Dpt. Of Obstetrics and Gynecology, National and Kapodistrian University of Athens, Athens Greece

ZAHARAKIS DIMITRIOS, Scientific Associate in Urogynecology, 1st Department of Obstetrics and Gynecology, National and Kapodistrian University of Athens (NKUA), Alexandra General Hospital, Athens, Greece

ZAOUTIS THEOKLIS, MD, MSCE, PhD, Professor of Pediatrics, 2nd Department of Pediatrics, National and Kapodistrian University of Athens, Emeritus Professor of Pediatrics Perelman School of Medicine, University of Pennsylvania, Division of Infectious Diseases, The Children's Hospital of Philadelphia

GENERAL INFORMATION

COORDINATION & ORGANIZATION

Marketing Department
REA Maternity Hospital
Tel.: +30 210 9495779 / Email: marketing@reamaternity.gr
www.reamaternity.gr/en/

DATES

Saturday 31st May & Sunday 1st June 2025.

VENUE

REA Maternity Hospital
383 Syngrou Ave. & Pentelis 17 St., 17564, Palaio Faliro, Athens Greece.
7th Floor

REA Hospital was born in 2007, based on the vision of a team of distinguished Obstetricians Gynaecologists and began its operation in 2010. REA has become the point of reference for Private Health Care in Greece, not only for the high quality healthcare services provided but also for the scientific developments and innovations.

LOCATION

REA Hospital is located in a strategic position at the Delta of Faliro, which connects the cosmopolitan city of Athens, the beautiful southern suburbs and the international port of Piraeus.

- From the Airport: 40 km
 - From the Port of Piraeus: 8 km
 - From the Center of Athens & Acropolis: 4,5 km
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ACCREDITATION

The 1st Balkan Perinatology Meeting is awarded with 5 Continuing Professional Development (CPD) Credits by the Hellenic Society of Obstetrics and Gynecology.

PARTICIPATION

The participation is FREE.

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